

Jeremiah's Inn

ANNUAL REPORT

2016

Mission & Vision

Jeremiah's Inn uses a Social Model to provide residents with a safe environment in which to begin recovery. We foster a sense of community & mutual aid through partnerships, volunteerism & our Nutrition Center. Our vision is to help people better their lives in order to better the community.

Social Model

The Social Model of recovery allows residents to live in a safe, supportive, sober environment while learning to juggle a job, responsibilities at the house & their recovery. The entire time they are at the Inn, the men are building community with one another & outside connections through work, 12-step meetings & volunteer work. When they graduate from the program, they have already established a routine, connections & a community of support, which is key to continued recovery.

The Nutrition Philosophy

At Jeremiah's Inn, we believe that the quality of one's life depends on how one fuels their body. In the Nutrition Center, we strive to continually increase the amount & proportion of fresh food we distribute through the Food Pantry, as well as operate programs that promote healthy living. To this end, we operate a 50-bed community garden, bi-monthly grocery store tours & run cooking demonstrations, which include the distribution of healthy recipes.



Jeremiah's Inn

Helping people through our social model recovery program and nutrition center.



TEAM BOB

Our very beloved Bob Siemaszko, former Clinical Director, passed away in March 2016 after battling a chronic illness. He loved & worked extremely hard for Jeremiah's Inn & will forever stay in our hearts & minds. We dedicate this years report to his kind, loving, & passionate soul. We are & always will be "Team Bob".

The year in a nut-shell

2015 was a busy year for Jeremiah's Inn! We received more than 1,000 applications, saw a total of 300 people on the wait-list, had over 100 men in the house, & served over 12,500 clients through our Nutrition Center. As hectic as it can get here, we love the work we do, because we know the impact it has. Four of our former residents are now employees at Jeremiah's Inn; for us, this is success. One of the exciting new developments of 2015, has been the expansion of our Food Pantry to a Nutrition Center. We offer additional programming & have increased the amount of food we give to each client at each visit (50-60 items/visit). Additionally, we are able to offer far more fresh foods than before. As always, we are truly grateful to our donors, volunteers, food drive sponsors, & all other supporters & friends of Jeremiah's Inn who allow us to provide the service that we do.

Recovery Response

The words "continual improvement" describe the past year at Jeremiah's Inn. With all the changes taking place, as it has been said, "The great thing in the world is not so much where we stand, as in what direction we are moving" (Oliver W. Holmes). We are moving in a positive direction with the Social Model, where the men learn how to live a recovery lifestyle. They hold one another accountable in a constructive way & provide each other with support. For the year of 2015 the program served 113 unduplicated residents; the completion rate increased by 15% & the occupancy rate rose by 8%. However, we are always looking for ways to improve; by engaging the men in treatment prior to admission we hope to improve outcomes further. Those on the wait-list are required to call for check-ins three times per week & submit homework assignments twice per week. We feel this will prepare & propel them further into treatment so when they arrive, the transition will be easier. Our improvements promote sustainable strong recovery & aim to result in more men moving forward in their lives, & as active alumni group members. Alumni remain rooted in the culture of Jeremiah's Inn after completion. This provides them with ongoing support from the agency & their peers, but affords them the opportunity to give back & offer support & guidance to current residents. It's a win-win! We are strengthening overall by making some simple adjustments: we have hired additional direct care staff members to supplement & provide support to the case management team & we are offering ongoing professional development opportunities & bi-monthly training courses. This combination results in a well-equipped team able to provide the highest quality care. The outcome will be stronger case management skills & increased availability.

We continue to strengthen our relationships & involvement with other recovery homes in the Worcester area & beyond which helps us provide ongoing & specialized services to our residents. One of the ways we do this is through active involvement with The Worcester Recovery Homes Providers Meeting, the Massachusetts Social Model Network as well as collaboration with various others such as the Webster Square Business Association, Worcester Green Low Income Housing Coalition, & the Central Mass Substance Abuse Association. We continue to work with the Department of Public Health - Bureau of Substance Abuse Services (DPH-BSAS) to grow our program. Assistance from other providers such as Baker Mental Health, Bar-None, Epoca, Aids Project Worcester, Praxis, SWNIC, & more allows us to offer our residents with a variety of opportunities for personal growth. These relationships also allows the organization to stay current in addressing the many challenges of the population that we serve. With the opioate epidemic ever increasing, & the overdose rate in MA twice that of anywhere else in the nation, the need for a flourishing residential Social Model program such as Jeremiah's Inn is greater than ever. We are proud to stand as a beacon of hope amidst the storm; a place where our men learn to face addiction head-on & "live" recovery. They reunite with family, become productive, employable citizens, & grow to become assets to the community & be part of the solution rather than "the problem". To that end, the staff & residents together strive to fulfill the mission & vision of Jeremiah's Inn. Our vision is to help people better their lives in order to better the community.

Nutrition & Hunger Response

Our Nutrition Center has been growing at a rapid pace with offerings to both our residents & clients alike. In 2015 we served over 11,000 people; 28% of them were children under 18 years old & 20% were 65 or above. We served 925 new households; representing nearly 2,200 people who were living within them. We continued to build our relationship with Worcester County Food Bank. We received 66% of our food from them, totaling over 283,000 lbs. We received over 57,000 lbs. of in-kind donations throughout the year as well. We were able to distribute over 343,000 lbs. of food to our clients in 2015, valued at over \$573,000. We partnered with Cooking Matters to offer 24 educational tours, in English & Spanish, at Price Chopper, which allowed our residents & clients to learn how to make healthy food choices while shopping on a budget. Our dental Hygienist, Donna P., offered 8 free cleanings twice per month to both residents & Nutrition Center clients. We continue to have individuals volunteering from our residential program, local schools & universities, businesses, & residential neighborhoods to keep our Nutrition Center running smoothly. We could not do it without them!

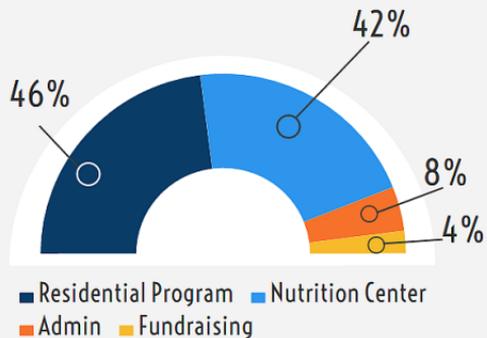


Financial Update

Jeremiah's Inn's financial position continues to be strong. As of December 31st 2015, the working capital ratio was 3:1. This is considered strong & favorable as the benchmark for nonprofits is 2:1. Program revenue continues to increase. The following chart indicates the general outflow of expenditures in 2015. *Copies of the full financial report are available upon request.*



Outflows



Executive Committee

President ___ Patricia L. Davidson, Mirick O'Connell
Vice President _____ Francine Harrison, AdCare
Treasurer ___ Jeff Kristoff, Rosen & Associates, LLP
Clerk _____ Melinda Hillock, the V.A.

Board of Directors

Robert Bishop, Alexion Pharmaceutical
Lisa Driscoll, Anna Maria College
Richard Quinlan, Operations Consultant
Jack Reardon, UPS
Joseph Stiso, Mount Wachusett Community College

Corporate Consultants

Kevin Kieler
Sharon Woodbury

Administrative Staff

Lori Joler ___ Bookkeeper/ Assit. to Exec. Director
Bhumika Regmi ___ Communications Coordinator
Janelle Wilson _____ Executive Director

Clinical Staff

Scot Burns _____ Case Manager
Jeff Busby _____ Clinical Director
Jim Cicio _____ Overnight Awake Staff
Serina Connor _____ Direct Care Staff
Ray Kempton _____ House Manager
Betsey Kennedy _____ Case Manager
Richard Kenny _____ Direct Care, Per diem
Jason Lavallee _____ Case Manager
Rory Mann _____ Direct Care Staff
Kenny Pina _____ Direct Care, Per diem
Frankie Rivera ___ Overnight Awake Staff, Per diem
Don Smith _____ Overnight Awake Staff

Nutrition Center Staff

Tracy Paul _____ Nutrition Center Coordinator

Golden Friend Award Recipient

Artisans of Warmer Winters
Mary Anne Abraham
Donna Paschalides
Lynnel Reed & UPCS Students
Saint Mary's Parish of Grafton, Evening Meals

Support Staff & Group Facilitators

Social Model Group _____ Jason Lavallee
Early Recovery Group _____ Betsey Kennedy
Tobacco Awareness _____ Jeff Busby
Nutrition & Wellness Group ___ Tracy Paul
in collaboration with:

Betsey Kennedy
Angelique Kopka
Tori Buerschaper
Sylvia Murphy
Overdose Prevention _____ Jason Lavallee
Process for Life ___ Baker Mental Health Consulting
Bar None Legal group _____ Anna Rice
Relapse Prevention ___ Baker Mental Health Consulting
Financial Planning _____ Barbara Roach Kyes
Anger Management _____ Alice Lesak
Overdose Prevention _____ Jason Lavallee
HIV/AIDS Awareness _____ AIDS Project Worcester
Life Skills/Job readiness _____ Betsey Kennedy
Spirituality _____ Aldersgate Methodist Church
Operation T.I.P. Trauma _____ Karma Consultants.
Healthy Relations by Jason Lavallee

Volunteer Assistance

Grocery Store Tours _____ Cooking Matters
Dental Cleaning _____ Great Smiles on the Go
Job Training ___ South Worcester Neighborhood Center
Legal Assistance & Representation by:
Lawrence Cohen
Douglas L. Fox
Anna Rice



Jeremiah's Inn Staff